

**Whatever It Is That You Do in Treatment, Be Clear About Why You Are Doing It:
Making Sense of the Latest Models in Sexual Offender Treatment Literature**

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Relapse prevention? Should we keep on doing it? Self regulation? Is it indeed the way to treat sexual offenders? Hang on; have you heard of the risk, need, and responsivity principles? Aren't we supposed to apply those principles in treatment? But wait, what about the Good Lives Model? Isn't this how we are now supposed to treat sexual offenders? What about those pesky dynamic risk factors? How do they all fit in?

The purpose of this workshop is to answer those questions and more. It is intended for experienced clinicians who attempt to apply the latest treatment models, but are unsure about why and how to do it. The workshop will provide a simplified framework to help participants make sense of the various models being advocated for the treatment of sexual offenders. It will outline the differences among these models, including their strengths and limitations; review the empirical evidence for or against each model; and examine how they interact in treatment. Clinical examples will be used to illustrate these issues. The goal is for participants to leave the workshop with a clear and sound rationale about the treatment approach they decide to apply in their setting.