

The Containment Approach to Managing Sexual Offenders in the Community

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This subject fits the theme of this year's conference. The Containment Approach employs teams of probation officers, cognitive-behavioral sex offender therapists and polygraph examiners to move offenders past denial, serve victims and supervise these offenders safely in communities.

This workshop is an abbreviated version of *The Containment Approach to Managing Sexual Offenders in the Community: a Practitioner's Guide, 2007*, by Edson, Lundell and Robinson. The authors represent community corrections, therapy and polygraphy. Mr. Lundell (polygrapher) is unable to attend this year's conference. We will present overviews of the following:

- The Containment Approach Model and its philosophical and theoretical foundations from Corrections, Psychotherapy and Polygraphy.
- Research demonstrating the efficacy of the Approach with sex offenders. This includes reducing recidivism and obtaining information of clients' histories and behaviors that are not obtained without employing this approach.
- Discussion of statutes (Oregon), supervision conditions and treatment rules in delivering the Containment Approach.
- How the "treatment team" collaborates and engages other partners in the community and criminal justice system to address offenders' needs.
- Three phases of treatment employing Relapse Prevention and Collaboration as underlying strategies.
- How polygraph monitoring prevents violations and reoffending (promotes public safety).
- Techniques for using the polygraph, treatment and supervision to promote clients moving beyond denial and successfully engaging in treatment.
- Guidelines, standards and ethical consideration for using the polygraph to obtain comprehensive information of clients' offenses and histories and in monitoring their behavior and compliance.
- Review of case law regarding use of the polygraph with sexual offenders.
- Responsibly managing privileges and allowing increased freedoms for clients.
- Responses in managing deceptive polygraph test results and use of sanctions in response to denial and other treatment compliance issues.

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- Tools and techniques in managing deviant sexual arousal.
- How this Approach serves victims of sexual abuse.
- The necessity of collaboration between the three fields represented here, among Criminal Justice agencies and the community at large and techniques to promote such collaboration and cooperation.