

Motivational Interviewing and Pro-Social Role Plays in Sexual Offender Treatment Groups

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The risk, needs and responsivity principles (Andrews and Bonta 1995) form the underlying basis of our approach to an emergent practice of working with sexual offenders in clinical groups. We use the therapeutic skills of Motivational Interviewing (MI) to elicit material to be incorporated into Role Plays that model pro-social behavior. Role plays are designed to reinforce pro-social thinking and decision making.

Using MI, we assist clients in identifying their dynamic risk factors. This material is used in clinical groups as the organic basis for the development and practice of role plays with clients. The responsivity principle informs us regarding individuals' specific learning needs. As a field that relies on helping individuals to incorporate information into new behavioral skill sets, we must recognize that adults have different learning styles and different ways of processing information. Role plays incorporate all learning styles, visual, kinetic and auditory as they help individuals to process information.

Workshop participants will:

- Learn Motivational Interviewing skills to clarify client risk factors, develop discrepancy, and identify stages of change,
- Become familiar with the guidelines for forming role plays using the D.E.A.P. model. (Designed to meet the client where they are, Elicit change talk, Assumes the client is the expert in their life and casts the client in a Pro-social position)
- Learn the Taxonomy of Role Plays, (Rehearsal, Abstract Replacement or Mirroring) and which to choose, when.

The workshop is taught by members of the international organization, Motivational Interviewing Network of Trainers (M.I.N.T). Workshop facilitators will demonstrate how to use organically produced group material to design relevant role plays which allow clients to practice pro-social behaviors.